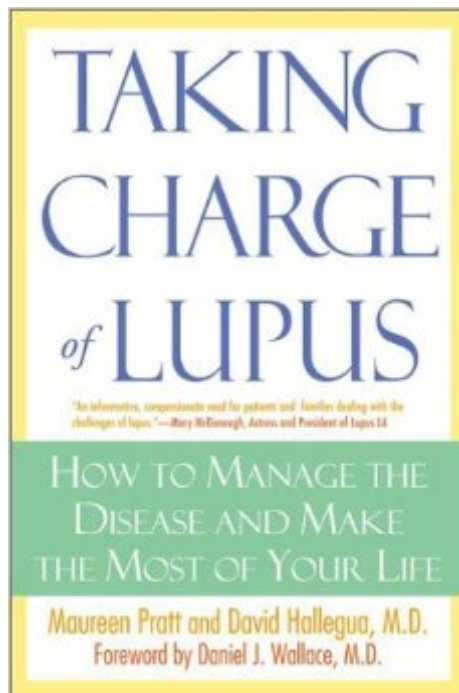


The book was found

Taking Charge Of Lupus:: How To Manage The Disease And Make The Most Of Your Life



Synopsis

While there is no known cure for lupus erythematosus and the course of the disease is unpredictable, Maureen Pratt-diagnosed with lupus herself-believes daily life for the sufferer can be greatly improved. Based on her own personal experiences and written with a doctor, this book provides essential information on how to manage with the condition on a day-to-day basis including:

- Choosing a doctor
- Coping with medication side effects
- Designing a home environment that accommodates physical limitations
- Dealing with insurance and other financial issues
- and the role of faith

Book Information

Paperback: 240 pages

Publisher: NAL Trade; 1st Edition. edition (September 3, 2002)

Language: English

ISBN-10: 0451206991

ISBN-13: 978-0451206992

Product Dimensions: 6.1 x 0.9 x 8.9 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #2,013,874 in Books (See Top 100 in Books) #49 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus](#) #106 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Rheumatic Diseases](#) #655 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Immune Systems](#)

Customer Reviews

This book, while not as info heavy as so many of the others (like [The Lupus Book: A Guide for Patients and Their Families](#)), has been my favorite so far. It's a great resource as far as how adapt your life after diagnosis. It's a very validating read, and I'm going to recommend it to friends and family so they have an idea of what lupus is and how it impacts one's life. Another great thing about this book is that it covers all lupus; the advice given applies to all cases, from mild to life-threatening. This is why it's more general, from a scientific perspective, but it's why I found the book to be so valuable. It's just the info I've been looking for!

I thought the book would have a lot more helpful information than it did. It was pretty much information I already knew. I guess it just depends on how knowledgeable you already are about

lupus.

Learning Tool!

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